TEACHING PACKAGE
2025-2026

Department: Department for Teacher Training
Ranking Domain: Social Sciences
Field of University Studies: Psychology
Study Cycle: Bachelor's Degree
Study Program/Specialization: Psychology
Form of Education: Full-time
Duration of Studies: 3 years (6 semesters)
Number of Credits: 180 credits

Year I, Semester I

Course Name: INTRODUCTION TO PSYCHOLOGY I
Course Code: D14PSIHL101
ECTS Credits: 5
Course Type: Fundamental, Compulsory
Course Objectives/Expected Student Learning Outcomes: Students will logically and articulately describe the basic principles underlying the science of psychology in current professional practice; they will identify the main psychological theories in the dominant paradigms of the discipline when conducting a literature review; they will critically analyze the contents of specialized articles, demonstrating a deep understanding of concepts and methodologies in psychology; they will analyze information from a wide range of sources and media to use in psychological approaches; they will formulate relevant psychological indicators for research in psychology, also demonstrating the possibility of their evaluation; they will adapt psychological terminology in communication with various targeted socio-professional categories, as well as according to the type of diagnosis and intervention; they will demonstrate rigorous, efficient and responsible work skills, punctuality and personal responsibility for results, based on the principles, norms and values of the professional ethics code; they will responsibly integrate technology into the learning and professional development process.
Course Contents: Introduction. Course presentation. Psychology as a science; The object of psychology, reference domains and interdisciplinary relations. Field of study. Fundamental concepts. Interdisciplinary relations; The emergence and development of psychology as a science. Significant moments. Explanatory paradigms in the evolution of psychological knowledge; Research methods in psychology; Psychology as a profession; The human psychic system: conceptual delimitations, structure. Coordinates of definition and criteria for analyzing the human psyche. Structural-dynamic organization of the psyche, structural-functional levels of the psyche; Sensory and logical cognitive psychic processes. Sensation; Sensory and logical cognitive psychic processes. Perception; Sensory and logical cognitive psychic processes. Representation; Cognitive psychic processes. Thinking; Language; Cognitive psychic processes. Memory; Cognitive psychic processes. Imagination.
Language of Instruction: Romanian
Type of Assessment: Exam

Year I, Semester I

Course Name: HISTORY OF PSYCHOLOGY
Course Code: D14PSIHL102
ECTS Credits: 5
Course Type: Fundamental, Compulsory
Course Objectives/Expected Student Learning Outcomes: Students will logically and articulately describe the basic principles underlying the science of psychology in current professional practice; they will explain the main historical and current stages of thought that have contributed to the development of psychology as a science; they will describe the evolution of psychological methods and theories from the perspective of the social and cultural context of each historical period; they will adapt psychological terminology in communication with various targeted socio-professional categories as clients, as well as according to the type of diagnosis and intervention; they will critically analyze the contributions of major authors and schools of thought to the development of current paradigms in psychology; they will correlate historical events and cultural contexts with the emergence and development of various psychological orientations; they will demonstrate professionalism by formulating pertinent questions to understand the causes of client behavior and interpretation of events in which they are involved when interacting with them; they will formulate scientific arguments supporting a historical perspective on modern psychological theories and practices; they will correctly use historical terminology and concepts in writing and presenting academic papers.
Course Contents: Concepts and objectives of the history of psychology; Beginnings of psychological thought. Psychological ideas in Ancient Greece (Plato, Aristotle); Stoicism and its role in the development of psychotherapy; Elements of psychological thought in the Middle Ages; Relevance of modern philosophical currents to psychology (empiricism, rationalism); Psychology as science. The emergence of modern psychology; Modern psychological paradigms: associationism, structuralism, functionalism; Behaviorism: previous influences (Thorndike, Pavlov); Behaviorism: after establishment (Watson, Skinner); Gestalt psychology: psychology of form (Wertheimer, Koffka, Köhler); Psychoanalysis: beginnings (Sigmund Freud); Psychoanalysis after establishment. Ego psychology. Object relations theories; Evolution of personality theory: humanistic psychology (Maslow, Rogers); Contemporary developments in psychology.
Language of Instruction: Romanian
Type of Assessment: Exam

Year I, Semester I

Course Name: GENETICS OF HUMAN BEHAVIOR
Course Code: D14PSIHL103
ECTS Credits: 5
Course Type: Specialized, Compulsory
Course Objectives/Expected Student Learning Outcomes: Students will identify the main psychological theories in the dominant paradigms of the discipline when conducting a literature review; they will describe psychic phenomena and processes by applying fundamental knowledge from the field of psychology; they will identify the structure and functions of the central and peripheral nervous system and brain regions involved in different cognitive and

emotional processes; they will analyze information from a wide range of sources and media to use in psychological approaches; they will formulate relevant psychological indicators for research and interventions in psychology, also demonstrating the possibility of their evaluation; they will use current methodologies and statistical analyses appropriate to the established study design, under supervision; they will demonstrate rigorous, efficient and responsible work skills, punctuality and personal responsibility for results, based on the principles, norms and values of the professional ethics code; they will responsibly integrate technology into the learning and professional development process.

Course Contents: Introduction to human behavior genetics; History of behavioral genetics; Genetic bases of behavior; Study methods in behavioral genetics; Genetics and laws of heredity; Genetic influences on intelligence; Classification of genetic diseases; Genetic influences on personality; Personality disorders I; Personality disorders II; Genetic influences on psychopathology risk; Genetic counseling. Counseling relationship; Ethics and ethical implications in behavioral genetics.

Language of Instruction: Romanian
Type of Assessment: Exam

Year I, Semester I

Course Name: EXPERIMENTAL PSYCHOLOGY
Course Code: D14PSIHL104
ECTS Credits: 5
Course Type: Specialized, Compulsory
Course Objectives/Expected Student Learning Outcomes: Students will identify the main psychological theories in the dominant paradigms of the discipline when conducting a literature review; they will critically analyze the contents of specialized articles, demonstrating a deep understanding of concepts and methodologies in psychology; they will formulate relevant psychological indicators for research in psychology, also demonstrating the possibility of their evaluation; they will use current methodologies and statistical analyses appropriate to the established study design, under supervision; they will apply principles and deontological standards in psychological research and practice, using validated procedures and instruments; they will analyze information from a wide range of sources and media to use in psychological approaches; they will demonstrate critical thinking oriented towards their own learning activity for its self-regulation; they will demonstrate rigorous, efficient and responsible work skills, punctuality and personal responsibility for results, based on the principles, norms and values of the professional ethics code.

Course Contents: Introduction to experimental psychology. Goals and terminology of experimental psychology; Methods and techniques in experimental psychology; Empirical research and experimental method in psychology; Variables in experimental research; Research designs; Ethics in psychological research; Group designs. Between-subjects designs; Group designs. Within-subjects designs; Group designs. Factorial designs; Small-n designs; Single-subject designs; Validity of experimental designs; Data collection, analysis and interpretation in psychological research; Statistical aspects: null hypothesis significance testing; Laboratory practice.

Language of Instruction: Romanian
Type of Assessment: Exam

Year I, Semester I

Course Name: ETHICS AND ACADEMIC INTEGRITY
Course Code: D14PSIHL105
ECTS Credits: 4
Course Type: Complementary, Compulsory
Course Objectives/Expected Student Learning Outcomes: Students will interpret legal and institutional regulations regarding academic integrity and research ethics; they will analyze situations and ethical dilemmas from the academic and professional environment; they will apply academic integrity norms in writing scientific papers and research activities; they will argue ethical decisions within the team and in professional relationships, using the normative framework and deontological codes; they will objectively evaluate professional training requirements and personal development perspectives; they will demonstrate responsibility and honesty in academic and professional activities; they will respect the principles of academic integrity in relationships with colleagues and teachers; they will demonstrate commitment to respecting the ethics code and professional values in psychology; they will promote correct attitudes towards the psycho-social system, respect for human dignity, in partnership with other persons or institutions with similar responsibilities.
Course Contents: Introduction to the discipline’s issues. The necessity of ethics. Values and principles of academic integrity; Academic and professional rights and responsibilities; Deontology of teamwork; Desirable practices in relationships; Norms and procedures in scientific activity. Anti-plagiarism in papers and research; Ethical issues of NTIC use in academic and professional environment; Forms of ethical and deontological breaches. Appropriate conduct and solutions.
Language of Instruction: Romanian
Type of Assessment: Colloquium

Year I, Semester I

Course Name: ACADEMIC TECHNIQUES AND SKILLS
Course Code: D14PSIHL106
ECTS Credits: 4
Course Type: Complementary, Optional
Course Objectives/Expected Student Learning Outcomes: Students will critically analyze the contents of specialized articles, demonstrating a deep understanding of concepts and methodologies in psychology; they will demonstrate acquisition of consistent knowledge about interindividual differences, by operationalizing theories about personality when in relationship with beneficiaries of psychological services; they will interpret legal and institutional regulations regarding academic integrity and research ethics; they will analyze information from a wide range of sources and media to use in psychological approaches; they will apply principles and deontological standards in psychological research and practice, using validated procedures and instruments; they will respect academic integrity norms in writing scientific papers and research activities; they will develop critical thinking oriented towards their own learning activity for its self-regulation; they will demonstrate rigorous, efficient and responsible work skills, punctuality

and personal responsibility for results, based on the principles, norms and values of the professional ethics code.

Course Contents: Applied papers - effective ways to continuously improve academic techniques and skills; Academic research; Conducting a research project; Scientific documentation. Bibliographic documentation; Scientific article; Writing an essay; Book review; Time management and personal study plan; The role of metacognition and self-knowledge in developing academic techniques and skills.

Language of Instruction: Romanian

Type of Assessment: Colloquium

Year I, Semester I

Course Name: CRITICAL THINKING AND ARGUMENTATION SKILLS
Course Code: D14PSIHL107
ECTS Credits: 4
Course Type: Complementary, Optional
Course Objectives/Expected Student Learning Outcomes: Students will explain the fundamental concepts of critical thinking, including differences between critical thinking, logic and reflective thinking; they will define key concepts in the field of critical thinking and understand the connection between critical thinking, professional decisions and psychological research; they will explain the main cognitive and logical errors that affect the thinking and decision-making process; they will apply principles of critical thinking to analyze real situations and case studies in psychology; they will evaluate the validity and reliability of sources and arguments from psychological literature and professional activity; they will cultivate a reflective and critical attitude towards their own beliefs and alternative perspectives; they will develop collaboration and effective communication skills in interdisciplinary teams by supporting clear and well-structured arguments.

Course Contents: Introductory notions. Intellectual responsibility, motives, evidence, empirical problems, information, persuasion, tendencies towards error; Common conceptual operations. Description and evaluation. Abstract-concrete. The nominalist error. The circularity error. Dichotomies and continuity. The nominalist error, the circularity error; Common conceptual operations. Definition and contrast. Factual and normative (theoretical). The naturalistic error. Common arguments: generalization, analogy, causal arguments (necessary conditions, sufficient conditions); Common argumentation errors: contradiction, equivocation, circularity, shifting burden of proof, insufficient hypotheses, “true but irrelevant”, appeal to authority, personal attack; Efficient and inefficient reasoning. Deductive reasoning, non-deductive reasoning; Reasoning errors: errors of doubtful premises, errors of insufficient premises; reasoning errors and rules of critical dialogue; Reasoning errors: invalidity errors: hasty generalization, unrepresentative sample, doubtful cause, false analogy, doubtful statistics; Contextual limits of efficient reasoning: loyalty, provincialism, herd instinct, scapegoat, prejudice, stereotypes, superstitions, deceptions, denialism; Cognitive language-emotional language. Persuasive use of language. Rhetorical strategies of manipulation; Emotional tendencies towards error; motivated inferences, fear-determined inferences; Science and pseudoscience; Building a case: practical reasoning; Preparing a persuasive essay.

Language of Instruction: Romanian

Type of Assessment: Colloquium

Year I, Semester I

Course Name: EDUCATIONAL PSYCHOLOGY
Course Code: D14MP1CL201
ECTS Credits: 5
Course Type: Elective, Optional
Course Objectives/Expected Student Learning Outcomes: Students will identify the main psychological theories in the dominant paradigms of the discipline when conducting a literature review; they will describe psychic phenomena and processes by applying fundamental knowledge from the field of psychology; they will demonstrate acquisition of consistent knowledge about interindividual differences, by operationalizing theories about personality when in relationship with beneficiaries of psychological services; they will analyze information from a wide range of sources and media to use in psychological approaches; they will apply principles and deontological standards in psychological research and practice, using validated procedures and instruments; they will apply principles of critical thinking to analyze real situations and case studies in psychology; they will demonstrate rigorous, efficient and responsible work skills, punctuality and personal responsibility for results, based on the principles, norms and values of the professional ethics code; they will demonstrate permanent and conscious self-control skills regarding motivations for learning, by reference to their own professional and personal development objectives.
Course Contents: Educational psychology as a discipline of study; Psychogenetic landmarks of development; Psychology of learning; Fundamental processes in learning; Conditional factors of learning - Motivation; Conditional factors of learning - Creativity; Student personality - Temperament and Character; Thinking; Aptitudes and their importance in school activity; Emotional intelligence and school; Teacher personality; Psychology of didactic communication; School success; The student - Individual differences; Elements of psychosociology of school groups.
Language of Instruction: Romanian
Type of Assessment: Exam